



DIOCESE OF PRINCE GEORGE

Extraordinary Jubilee of Mercy (8 December 2015 – 20 November 2016) Jubilee Indulgences



"I wish that the Jubilee Indulgence may reach each one as a genuine experience of God's mercy, which comes to meet each person in the Face of the Father who welcomes and forgives, forgetting completely the sin committed."

*– Pope Francis' Letter to Archbishop Rino Fisichella,
President of the Pontifical Council for the Promotion of the New Evangelization*

What is an Indulgence?

According to the Catechism of the Catholic Church 1471: "An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven, which the faithful Christian who is duly disposed gains under certain prescribed conditions through the action of the Church which, as the minister of redemption, dispenses and applies with authority the treasury of the satisfactions of Christ and the saints. An indulgence is partial or plenary according as it removes either part or all of the temporal punishment due to sin. The faithful can gain indulgences for themselves or apply them to the dead."

How to obtain the Jubilee Indulgence?

In addition to the lists below the following conditions should be met in order to obtain the Indulgence:

- Exclude all voluntary attachment to sin
- Go to Confession
- Receive the Holy Eucharist
- Pray for pope's intentions (*an Our Father and a Hail Mary are recommended*)
- A Plenary Indulgence may only be obtained once per day

For Able-Bodied Catholics

- Make a pilgrimage.
For those able to make a pilgrimage to one of the Jubilee churches in Rome, that is certainly an option. Otherwise, Bishop Jensen has designated three churches within the Diocese of Prince George as Jubilee Churches, each with a Holy Door of Mercy. Crossing through one of these Holy Doors is a spiritual journey that signals, as the Holy Father said, "the deep desire for true conversion."
- Go to Confession.
- Receive the Holy Eucharist "with a reflection of mercy."
- Make a profession of faith with the Apostles' Creed
- Pray for pope's intentions (*an Our Father and a Hail Mary are recommended*).

For the Sick, Elderly and Alone, Confined to the Home

- From the words of the Holy Father, “Living with faith and joyful hope this moment of trial.”
- Receiving Eucharist or Attending Holy Mass and community prayer even through various means of communication (*i.e. Mass offered on television*).

For those in Prison

- They may obtain the Indulgence in the chapel of the prison.
“May the gesture of directing their thought and prayer to the Father each time they cross the threshold of their cell signify for them their passage through Holy Door, because the mercy of God is able to transform hearts, and is also able to transform bars into an experience of freedom.”

For the Deceased

- Indulgences may be obtained for the dead by the carrying out of these same acts by the Faithful with the intention of offering the indulgence for someone who is deceased.
“We are bound to them (deceased) by the witness of faith and charity that they have left us. Thus, as we **remember them in Eucharistic celebration**, thus we can, in the great mystery of the Communion of Saints, **pray for them**, that the merciful Face of the Father free them of every remnant of fault and strongly embrace them in the unending beatitude.”

For all Catholics

- Jubilee Indulgence may also be obtained when a member of the Faithful personally **performs a spiritual or corporal work of mercy**.
“The experience of mercy, indeed, becomes visible in the witness of concrete signs as Jesus himself taught us. Each time that one of the faithful personally performs one or more of these actions, he or she shall surely obtain the Jubilee Indulgence.”

Other Acts

- **For all women who have resorted to abortion.**
“The forgiveness of God cannot be denied to **one who has repented**, especially when that **person approaches the Sacrament of Confession** with a sincere heart in order to obtain reconciliation with the Father. For this reason too, I have decided, notwithstanding anything to the contrary, to **concede to all priests for the Jubilee Year the discretion to absolve of the sin of abortion** those who have procured it and who, with contrite heart, seek forgiveness for it.”

Designated Churches for the Jubilee with a Holy Door of Mercy:

Sacred Heart Cathedral

887 Patricia Boulevard
Prince George, BC

Annunciation Parish

635-5th Avenue West
Prince Rupert, BC

Church of the Resurrection

9504-100th Avenue
Fort St. John, BC