



## *Healing the Wounds of Abuse*



### About Grief to Grace

Grief to Grace is a four to five day psychological and spiritual journey providing safety and support for anyone who has suffered degradation or violation through physical, emotional, or sexual abuse or neglect. It is appropriate for those who have endured rape, incest, or other forms or traumatic violation in childhood, adolescences, or as an adult. It is also suitable for those who have suffered abuse by a member of the clergy. This model of care provides therapy for the soul.

The program is designed to help you experience the love and support of the suffering body of Christ as you journey through the Pascal mystery of your own life.

This effective healing process combines Living Scripture with journaling, group activity and discussion, therapeutic facilitation, cognitive restructuring and grief work. It is a pilgrimage to discover the love, tenderness, belonging, safety, joy and peace that are often missing from the stories of abuse victims.

Our next program will be held on April 19-22, 2018, at Seton House of Prayer.  
To register or for further information:

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