



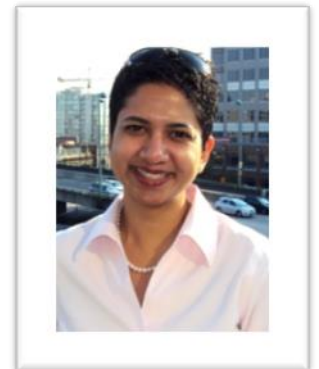
Have you ever wondered if you or someone you know might have Depression?

Have you felt helpless trying to support someone with Depression?

The Diocese of Prince George invites you to come and learn about this important issue.

**Tuesday, March 24<sup>th</sup> at 7:00 pm**  
**Conference Room,**  
**Diocesan Pastoral Centre**  
6500 Southridge Avenue, Prince George  
All are welcome. Registration not required.

The speaker for the evening is Jo-Ann Tait, MScN, BHSc, RPN and Site Operations Leader at Youville Residence and Parkview (Tertiary Mental Health Unit in Providence Health Care) in Vancouver. She is also the President of the Catholic Health Association of British Columbia.



Prior to joining Providence in 2011, Jo-Ann worked for many years in geriatric psychiatry and complex residential care for Vancouver Coastal Health and Fraser Health. She has been employed in various roles including Nurse Leader positions and as a Clinical Nurse Specialist in Gerontology. She has a passion for working with the older adult population and has presented at numerous national and international Gerontological conferences.



---

The evening's program is presented by the  
Catholic Health Association of British Columbia.