# "Fiat" Women's Online Discernment Group

#### Why "Fiat" Discernment Group?

Mary is the model for Religious Life, and we look to her to teach us how to say "yes" every day to the will of God in our lives! We also look to Mary to help us respond with a faithful and joyful "yes" just as she did to our vocation! We look to Mary and her virtues and we seek her intercession upon us as we discern the Lord's will in our life! The young women who join this "Fiat" Discernment Group are seeking after holiness of life primarily and are seeking to live in imitation of Mary.

## Objective

The goal of "Fiat" Women's Online Discernment Group is to provide a prayerful environment for young women to discern their vocation, primarily the possible call to Religious Life. These women are given an opportunity to listen to and discuss certain topics about discernment and Religious life in general. Hopefully this Discernment Group will be a good preparation for women who are called to Religious Life to enter the community they are called to with peace and an adequate knowledge of what the Church is asking and desiring for Religious Life.

### **Topics for Discussion**

- Everything we talk about is Jesus centered! Our life is in imitation of Him
- Universal Call to Holiness
- Discernment Tips
- Fears of Answering a Call and practical ways on how to overcome fear
- Community Life
- Prayer
- Virtues
- Vows: Poverty, Chastity and Obedience
- Book study: Pray, Decide and Don't Worry, My Beloved Is Mine and I am His, Discerning Religious Life, Glorify God in Your Body (Theology of the Body)
- Spiritual Direction (Guest Speaker)

#### When Does the Discernment Group Take Place?

First Monday of Every Month from 7:30 pm-8:00 pm EST time.

#### **Registration for the Group**

Send me an email!!! vocations@solisisters.ca

Once they send me an email, they are automatically registered and I will automatically send them a link every month.