

**THE NINE FREE PASTORAL CARE SESSIONS TO BE
HELD VIA ZOOM FOR CONSECUTIVE SATURDAYS,
SEPTEMBER 23, 2023 @ 2.5 HOURS EACH (9:30-
NOON) EXCEPT FOR THANKSGIVING (OCTOBER 7)
TO CONCLUDE NOVEMBER 25, 2023**

Session 9
Spouse
Caregiving, and
Healthy Boundaries
& Self-Care
November 25

Session 1
Basics of
Pastoral Care
September 23

Session 2
The Healing
Ministry of Christ
September 30

Session 8
Who Am I as a
Pastoral Care
Outreach Visitor?
November 18

Session 3
Listening and
Communication
October 14

Session 7
Grief and
Bereavement:
Ministering to
Families
Nov 11

Session 4
Elderly Isolation,
Loneliness and the
Journey with
Dementia
October 21

Session 6
The Grieving
Process
November 4

Session 5
Palliative Care
and the Healing
Ministry for the
Dying
October 28

**For further
information,
please contact:
Moirra King, Chair**

Diocese of Victoria Health Care Committee

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