



The Roman
Catholic Diocese
of
Prince George

Wednesday Weekly

July 29, 2026

18th Sunday in Ordinary Time | August 2, 2026

Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds.

-Matthew 14.13-21

THIS WEEK ON FORMED

What is the Anointing of the Sick? | Catholic Sacraments Explained

What is the Anointing of the Sick, and is this Catholic sacrament only intended for someone who is near death? Dr. Michael Barber explains the biblical foundations of the Anointing of the Sick, who can receive it, and why Catholics should not wait until the final moments of life to call a priest.

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There will be no Wednesday Weekly on August 5, 2026

New this Week!

Status of the Appeal Against Bishop Jensen's Decree of January 25, 2026

The Dicastery for Clergy has not yet issued its decision regarding the hierarchical recourse made by three parishioners against the Bishop Jensen's decree of January 25, 2026 dividing and amalgamating St. Mary's Parish with Sacred Heart Cathedral and Christ Our Saviour Parish. Accordingly, the implementation of that division and amalgamation will not be effected until a decision upholding the decree is received.

In the interim, in addition to his assignment as Rector of Sacred Heart Cathedral, Fr. Aruldas Lucas, SAC, has been appointed Administrator of St. Mary's Parish, effective July 27th. However, there will be no liturgical services provided at St. Mary's Church.

Called Together Diocesan Annual Appeal – Final Report

Attached to this week's Wednesday Weekly is the final report for the 2025-2026 Appeal Year.

We are very grateful for all those who supported the small parishes, missions and ministries throughout the diocese. We came very near to our diocesan goal, reaching 98.1% — a very good performance. This will mean that we will be able to send out nearly the full amount we hoped for to each recipient.

We also raised over \$145,000 for parish needs and projects. An impressive result!

We have already begun our next Appeal year which will run to June 30, 2027. Materials will be sent out in early September for the active phase of the appeal.

Again, our profound thanks to all those who supported the Appeal. You are held in prayer both by those of us who conduct the appeal and by those who are the beneficiaries of your generosity.

Life Chain 2026 Church Package and Newsletter

As LifeChain 2026 continues to schedule this year's Life Chain, the Right to Life PG Society is distributing a Church information packet and a newsletter about last year's Life Chain. Please find them attached to this week's Wednesday Weekly.

Pastoral Resources from the Daughters of St. Paul

The Daughters of St. Paul have made available a series of resources on various pastoral topics:

Downloads

The Sisters have created 3 free downloadable resources, inspired by a book they published this year. While the downloads are tied to the book, they make perfect sense on their own as well. Each one is especially tailored to a specific experience of loss for families, offering grounding and further resources:

For families facing miscarriage or stillbirth:

<https://pauline.org/pbm-resources/orchestra-for-oliver-resource-for-parents-who-have-experienced-a-miscarriage-or-stillbirth/>

For families facing child loss:

<https://pauline.org/pbm-resources/orchestra-for-oliver-resource-for-families-who-have-experienced-child-loss/>

For families facing a negative prenatal diagnosis:

<https://pauline.org/pbm-resources/orchestra-for-oliver-resource-for-parents-who-have-received-a-prenatal-diagnosis/>

Another download that, while tied to a book, stands well independently is this guide to creating sensory-friendly prayer spaces for kids:

Sensory-Friendly Prayer Spaces:

<https://pauline.org/pbm-resources/elis-quiet-friend-download/>

Audio Resource

On audio, they recently recorded a guided examination of conscience to help people prepare for Confession in a way that doesn't have them beating themselves up, but rather focusing on God's mercy and growing in charity. It's free on YouTube.

<https://pauline.org/pbm-resources/forgiven-guided-examination-of-conscience-for-catholic-confession/>

Video Resource

Finally, the sisters put out a free 6-part series called 'Finding God in Suffering' that can be used by individuals and groups year-round, or as a Lenten program for a parish or hospital chaplaincy, etc. It comes with a free downloadable study guide and group discussion questions:

<https://connect.pauline.org/finding-god-in-suffering/>

September Swing – September 19th



**"A Time
To Dance"**
Ecclesiastes 3:4

YOU'RE INVITED TO THE

**Third Annual
September Swing**

YOUNG ADULT AND FAMILY DANCE

SEPTEMBER 19TH
DIOCESAN PASTORAL CENTRE
6500 SOUTHRIDGE AVE. PRINCE GEORGE
DOORS OPEN AT 6:00 PM
DANCE FROM 6:30 – 10:30 PM



**\$5 PER PERSON
\$15 PER FAMILY**
PLEASE BRING A SNACK TO SHARE

ATTIRE: FORMAL

Save the Date: Young Adult Fall Retreat September 25th-27th

A discernment retreat for young adults age 19-35, hosted at Camp Morice on the shores of Stuart Lake. The retreat includes a mix of silence, prayer, fellowship, talks/discussion and access to the Sacraments. This year we will be joined once again by two members of the Franciscan Sisters of the Eucharist. Our theme is "The Decision."

The retreat is an invitation to young people who are seeking to grow deeper in their relationship with God and to discover and respond to His plan for their lives. Registration will open in mid-August.

Prayer and Formation

This Week on Formed



What is the Anointing of the Sick, and is this Catholic sacrament only intended for someone who is near death? Dr. Michael Barber explains the biblical foundations of the Anointing of the Sick, who can receive it, and why Catholics should not wait until the final moments of life to call a priest.

Drawing from the Gospel of Mark and the Letter of James, Dr. Barber explores why the Church anoints the sick with oil and prays for their healing, salvation, and forgiveness. He also explains how the sacrament strengthens those facing serious illness, advanced age, mental illness, or difficult medical procedures.

Discover how the Anointing of the Sick is connected to Baptism and how it offers grace, spiritual healing, forgiveness, and strength to unite our suffering more closely with the Passion of Jesus Christ.

Watch here: <https://app.formed.org/app/videos/4080894>

Don't have a Formed account? Follow the steps to sign up for free under your Parish here: <https://help.formed.org/support/solutions/articles/9000210892-how-do-parishioners-sign-up-for-free-under-the-parish->

Did you know? Formed has a leadership resource website for those members of a parish who lead or participate in ministry. You can find those resources here: <https://leaders.formed.org/>

The God Who Speaks – Summer Mission with the Sisters

Christ Our Saviour Parish is delighted to welcome two Dominican Sisters of Mary, Mother of the Eucharist, including Sr. Amata Christi Dugdale from our Diocese, to facilitate a weeklong summer mission **August 10–13**.

Hosted at **Christ Our Saviour Parish**, this week of faith formation will offer opportunities for children, youth, young adults, families, and parishioners to deepen their relationship with Jesus through prayer, catechesis, and fellowship. All are warmly welcome to participate!

Monday, August 10 & Tuesday, August 11

For Children (Ages 5–12)

9:00 a.m. – Optional Holy Mass

9:30 a.m.–12:00 p.m. – Children's Faith Morning

Wednesday, August 12

For Families & Parishioners

9:00 a.m. – Holy Mass

Following Mass – Eucharistic Adoration and a simple Eucharistic Procession. Children will have a special role, so they are invited to come!

Afterwards – Fellowship (please bring a snack to share outside)

For Young Adults

6:00 p.m. – Hike, dinner, and a talk with the Sisters.

Meeting Location: Forest for the World parking lot.

For more information, please contact Jacinta Meir at jmeir@pgdiocese.ca.

Thursday, August 13

For Youth (Ages 12+)

9:30 a.m.–12:00 p.m. – Youth Faith Morning

For Adults & All Parishioners

6:30 p.m. – Holy Mass

7:00–8:00 p.m. – Talk: **The God Who Speaks: Discovering Prayer as a Living Conversation with God**

Come discover how God speaks to us today and how we can grow in a deeper, more personal relationship with Him through prayer and the sacraments.

Registration: Registration for the Children's and Youth Faith Mornings will take place **at the door** on the day of the event. No pre-registration is required. All events are free.

Monthly Day of Adoration for August

Emmanuel Hermitage invites you to a Personal Date with Jesus on **Wednesday August 12th, 2026**, at the **Domano Chapel, 6500 Southridge Ave.** Mass will be celebrated at 7:30 AM and the Blessed Sacrament will be exposed from **8:00 AM to 6:00 PM** for a day of silent prayer and adoration.

We will pray for the universal Church and the world, for our Bishop and Priests, and for the people and needs of our Diocese. In particular we will pray for the protection of all human life, for all the sick, for vocations, for Peace in our world, and for the intentions of those participating in the day.

Please, mark your calendar on the **SECOND WEDNESDAY of each month** for *Personal Date with Jesus days*, which we will continue holding at the **Domano Chapel** as weather and circumstances allow.

Diocese of Victoria – Pastoral Care Fall Training Sessions

“God calls us to touch the lives of our aging, lonely, ill, palliative and dying sisters and brothers with accompaniment, kindness and compassion as the hands and face of Christ. In these sessions, you learn basic tools necessary to accompany those who are in need of the healing ministry of Christ.” – Most Reverend Gary Gordon, Bishop of Victoria

The valuable and free Pastoral Care Outreach Training series will be offered online this winter. The training is open to spouse caregivers, family members who care for their loved ones, clergy and religious, care aides and others in the health industry, and anyone who is personally drawn to learn basic tools necessary to accompany those who are in need of the healing ministry of Christ.

Nine sessions will be held via Zoom on Saturday mornings from 9:30 – noon, **starting on September 26 and running until November 28, 2026** (with no session on October 10). Missed session can be made-up, and a Certificate of Completion is provided to those who complete all nine sessions. Participants will require a phone number and email address, a computer, tablet or smart phone with speakers, microphone and webcam, a reliable Internet connection, and access to Zoom. **Please register through your parish by September 17, 2026.** For further information, please email moiraking@shaw.ca

Franciscan Vocations



In celebration of the Jubilee Year of St. Francis, the Franciscan Friars of Canada are sharing a new vocation story series on Youtube, called Rebuild My Church. The series is named after the phrase that the Lord proclaimed to St. Francis in 1205 in Assisi, Italy. What vocation is God calling you into? We pray this series would shed more life on the Franciscan way of life and the men in Canada who have given their

life to following Christ as Franciscan friars.

Series: <https://youtu.be/nf8qr0itfSk?si=Lv1EK1kgsHLOAjAE>

Retreats and Ministry

Lanterns (Formerly Rainbows)

Lanterns is a peer support group for children, adolescents, and adults who are grieving a death, divorce or any other painful transition in their family. Sessions run for 12 weeks each Thursdays from 6:30-7:30pm, beginning in September at St. Mary's School. There is no cost to participate, and Registration is open on the website. Also; Terry is looking for Facilitators and/or Volunteers, if you are interested in participating, please use the following contact information.

Website: <http://www.lanternspg.com/>

Contact **Terry**: 250- 562-3477, or 250-562-3209
or **E-mail**: Lanternspg2025@gmail.com

World Youth Day Information Meeting – Last Call for Interest!

This August 14th meeting will be the last chance to express any interest in attending WYD 2027. If there is not enough expressed interest based on meeting attendance, there will not be a diocesan pilgrimage group.



World Youth Day 2027
Seoul, South Korea

August 2027 | For ages 19+

Prince George Diocese Information Meeting Last Call for Interest

Online
Meeting

Aug. 14th
7 - 8 PM

This meeting will determine whether or not there is enough interest for our Diocese to send a group. Be sure to join if you are interested in going to WYD!

Please RSVP to receive the meeting link. Contact Jacinta Meir, jmeir@pgdiocese.ca

For more information about WYD contact Fr. Ken Anderson,
kanderson@pgdiocese.bc.ca

Please be sure to attend the meeting if you are interested in going to WYD!

To RSVP for the meeting link, contact Jacinta Meir at jmeir@pgdiocese.ca.

Grief to Grace Retreat



Grief to Grace is a program rooted in our Catholic faith. Designed to express the healing ministry of Jesus Christ, it is an integrated healing process of the body, mind, and spirit using the principles of trauma-informed care. It helps those who have endured abuse to find healing for neglect, abandonment, physical, emotional, sexual, clerical, and spiritual abuse, whether in childhood, adolescence, or as an

adult. The next retreat in Canada is **September 22 - 27, 2026 in Kelowna**. For more information please email griegtograncelowna@gmail.com or make a confidential call to 250-808-6403. The deadline for the intake process is June 15.

Employment Opportunities

Advokate Life and Education Services - Hope for Women Prince George – Client Services Assistant

Looking for work that truly matters? The Hope for Women Pregnancy Centre in Prince George, an initiative of Advokate Life & Education Services Society, is seeking a compassionate and organized **Client Services Assistant**. This flexible, in-person role supports women facing unplanned pregnancies, assists volunteers, and helps keep the centre running smoothly. If you have a heart for women and children and strong administrative skills, we'd love to hear from you.

Apply: Email your resume and cover letter to **Janoah Fisher** at janoah@hopeforwomen.ca.

There will be no Wednesday Weekly on August 5, 2026

Want to share news in the Wednesday Weekly? Email reception@pgdiocese.bc.ca by **NOON** on Tuesday. Late entries will be published in the following week's edition. Please send in Word format.

To receive all diocesan news directly in your inbox or on your phone, EMAIL reception@pgdiocese.bc.ca OR TEXT "pgd" to 514-900-0130 to join Flocknote.

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