



2026 Life Chain Church Package

LIFE CHAIN CANADA

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WHAT IS LIFE CHAIN?

Life Chain is a peaceful and prayerful witness to the sanctity of all human life. This annual demonstration brings awareness to the ongoing injustice of abortion and the harm it inflicts on mothers, fathers, and the community at large. It is a simple but powerful reminder to our fellow citizens of our duty to defend the weakest members of our society.

The very first Life Chain was held in 1987 by a small pro-life group called Please Let Me Live Inc. in Yuba City, California. Campaign Life Coalition brought Life Chain to Canada in 1991, and this event has continued for 35 years since. It has saved lives, connected post-abortive parents to healing, and introduced countless Christians to the pro-life movement; for many, Life Chain is their first foray into pro-life activism. In 2025, Life Chain reached over 375 communities from coast to coast—with a presence in all ten provinces and two territories. Over 15,000 Canadians are estimated to have participated.



As usual, Life Chain will be held on the first Sunday of October this year—October 4, 2026. In order to determine the location and time of your nearest Life Chain, please visit: www.lifechain.ca.

On the day of the event, those participating in Life Chain will stand at various predetermined intersections for one hour in quiet prayer, holding non-graphic signs with slogans like: “Abortion Kills Children,” “Abortion Hurts Women,” “Adoption: A Loving Option, and “Jesus Forgives & Heals.” The signs are distributed and collected by a local organizer. This organizer will direct participants and liaise with any law enforcement, business owners, or media.

Please contact your local organizer if you have any questions or concerns. Alternatively, you may contact Life Chain Canada (1-800-730-5358, lifecchain@campaignlifecoalition.com).



BULLETIN/PULPIT ANNOUNCEMENTS

SAMPLE ANNOUNCEMENT #1

Life Chain is a peaceful public witness to the sanctity of human life and the evil of abortion. Christians pray for its end and hold signs bearing truths such as “Abortion Kills Children,” “Abortion Hurts Women,” and “Jesus Forgives & Heals” at hundreds of locations from coast to coast. Please set aside just one hour on *[INSERT DATE AND TIME]* to gather together at *[INSERT INTERSECTION]*. This is a special opportunity to provide our neighbours with a much-needed wake-up call. Remember how Our Lord asked His apostles: “Could you not watch one hour with me?” (Mk 14:37)

SAMPLE ANNOUNCEMENT #2

Each of us have a responsibility to take action in response to the injustice of abortion. As Proverbs 24:12 cautions, “... if you say, ‘Look, we did not know this’—does not He who weighs the heart perceive it? Does not He who keeps watch over your soul know it? And will He not repay all according to their deeds?” One way to help the pro-life cause is to participate in Life Chain, an annual demonstration in defense of the inherent dignity of all human beings, inside and outside of the womb. Please join us this year at *[INSERT INTERSECTION]* on *[INSERT DATE AND TIME]*. All you have to do is hold one of the various signs provided—“Abortion Kills Children,” “Abortion Hurts Women,” “Adoption: A Loving Option,” etc.—and pray quietly for the hour.

SAMPLE ANNOUNCEMENT #3

On *[INSERT DATE]*, Canadians will gather at 375+ locations nationwide to peacefully raise awareness about the truth of abortion during Life Chain, now in its 35th year in Canada. Our local Life Chain will be from *[INSERT TIME]* at *[INSERT INTERSECTION]*. Upon arrival, you will be greeted by the organizer and given signs to hold with messages such as “Abortion Kills Children,” “Abortion Hurts Women,” and “Adoption: A Loving Option.” Please spread out along the sidewalk and spend time in quiet prayer. This is a unique, family-friendly event advocating for innocent pre-born children. As Christ reminds us in Matthew 25:40: “As you did it to one of the least of these my brothers, you did it to me.”

SAMPLE ANNOUNCEMENT #4

Life Chain is an annual pro-life event taking place across North America. Please join us this year at *[INSERT INTERSECTION]* on *[INSERT DATE AND TIME]* to pray and provide a prophetic witness to the community. You’ll be provided a sign to hold during the hour proclaiming, “Abortion Kills Children,” “Abortion Hurts Women,” “Jesus Forgives & Heals,” etc. When much of the rest of our society is content to ignore the youngest members of our human family, we must “speak up for those who cannot speak for themselves,” as per Proverbs 31:8.



LIFE CHAIN CODE OF CONDUCT

1. Please arrive promptly, accounting for the time required for parking, sign pick-up, and positioning.
2. Stand along public sidewalks, spaced a couple of metres apart from fellow participants, facing traffic with your sign, ensuring you do not block pedestrians, driveways, or drivers' sightlines.
3. Commit to being peaceful and law-abiding. Do not physically interfere with passers-by and do not jostle for position if any counter-protesters block your Life Chain signs.
4. Avoid casual talk, frivolity, and arguments—even if initiated by passers-by. Life Chain is intended to be a somber and quiet prayer vigil. Be mindful of the message being presented to the public—through both signs and body language.
5. Refer police, media, local business owners, or other passers-by who want information to the organizer. Notify the organizer of any misconduct from passers-by or counter-protesters, so that he/she can respond.
6. Please do not display other signs, or distribute material, unless the organizer permits you to do so.
7. Please take care of your sign and return it to the organizer for use in future Life Chains.
8. Watch your small children at all times.

